

Swim Your Way

Join our virtual swimming challenge this summer

This summer, join #TeamNewlife in our brand-new fun and inclusive swimming challenge!

Help to transform the lives of disabled and terminally ill children this summer with Newlife's Swim Your Way virtual challenge.

Open to all ages and abilities, indoors or outdoors, steady or fast!

Choose your place - choose your pace



Find out more, scan the QR code





newlifecharity.co.uk/swim-for-newlife

